

## Internet Safety Tips

**Here is some simple advice on how to surf the Internet safely and still have fun online.**

- Make sure that a parent, teacher or other responsible adult is around when surfing the Internet.
- Use a nickname and never reveal your real name to a stranger on the Internet.
- Never reveal personal information such as your age, address, phone number or the name of your school. And never tell anyone your passwords to websites or your e-mail addresses.
- Do not send digital pictures of yourself over the Internet. Be sure to tell a parent or a teacher if someone wants to send you a photo.
- Check with an adult before downloading anything from the Internet. Files or programs downloaded may contain viruses which could damage your computer.
- Always be courteous while online. Never use harsh words, and never spread rumors or lies. If someone sends you an offensive message, tell a parent or teacher.
- Never accept gifts. Do not buy any toys, games, books or anything else without your parents' permission.
- Never agree to call or meet someone that you have met over the Internet. If someone asks you to meet them in person, say NO and tell a parent or teacher right away. The person you are chatting with may be lying or be an adult pretending to be a child.
- Tell an adult immediately if you come across something on the Internet that makes you feel uncomfortable.
- You never know what you might find on the Internet; when in doubt, go to an adult for advice.

## Contacts

If you see signs of children being sexually exploited online, you should report it to [www.cybertip.ca](http://www.cybertip.ca) and tell a parent or trusted adult. If you have concerns about other things you see online, you can contact one of the following people:

Teacher: \_\_\_\_\_

Guidance Counsellor: \_\_\_\_\_

School Resource Officer: \_\_\_\_\_

